

6 WAYS TO DO THE NEXT RIGHT THING

The secret to living a successful life is choosing to make the next right step over and over again. Here are 6 ways you can begin practicing doing the next right thing,

- 1.** You'll never know how it ends, and that's ok. We can only ever see a couple steps ahead of us on our path.
- 2.** There's no decision that's so final, you can't pivot and change course. You can always change the direction you're going and start down a new path.
- 3.** Spend all your time worrying about your decision BEFORE you make it. Once you've made your decision, don't spend any more time worrying whether it was the right decision. Accept it and move on to the next step.
- 4.** Don't overthink things. Force yourself to make a decision as fast and as confidently as possible, especially if they're not big life decisions.
- 5.** Trust yourself and the still small voice that guides you. Trust the journey, trust that the answers will reveal themselves at the exact moment you need it. Always trust that you're making the next right decision.
- 6.** You're never in the wrong place. You're exactly where you need to be. Nothing is too bad or too far off course to find your way back to love and happiness.